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Free support for young people affected by Manchester terror attack

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BY GARY SKENTELBERY ON 1ST JUNE 2017 6:55 PM

HEALTH, NEWS

STRETTON based Cheshire Natural Health is opening its doors to children and young people for free drop in sessions following last week's devastating Manchester bomb attack.

Clinical Director Tracey Turton fears many children and young people will have been affected either directly or indirectly by the incident, impacting on their mental health and wellbeing.

Tracey is urging anyone who is affected by the terror attack to get in touch and speak to their Children and Young Adults Counsellor Martine Martinus, who has many years of experience working with trauma.

Free drop in sessions are being held at the clinic tomorrow, Friday, June 2 and Saturday June 3, from 10am to 3pm.

Tracey said: "Cheshire Natural Health offers support in a safe, confidential environment to help you through this tragic incident and facilitate you to deal with your emotions and try to make sense of things.

Appointments can be booked by contacting the clinic directly on 01925 730123 and those wishing to use the service do not need to be referred by a professional.

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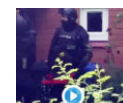
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